

## Balance with Grace

A monthly newsletter by Grace Durfee, personal coach

Volume 11, Issue #7, Fall Newsletter, *Modern Day Miracle*

I experienced nothing short of a modern day miracle last week. Here's what happened:

Early last Wednesday evening my mom called to tell me that she's been admitted to the hospital. She'd been having discomfort from what they suspect is a kink or partial obstruction in her small intestine. When she went in that afternoon for the blood test, abdominal x-ray, and saline drip her doctor ordered, they discovered that her sodium levels were dangerously low. They admitted her to the hospital right away because they were afraid she might start having seizures

My mother has been doing a lot of care-taking for my father for some months now, and I knew he couldn't fend for himself for the three to four days they felt she'd need to be in the hospital. So I booked the next direct flight—a noon flight the next day. I kept my early morning coaching calls because I've often taken these flights with Air Tran and have found that time of day it's always quick and easy getting into and out of the airport. I'd heard that Air Tran and Southwest Airlines were merging, but I didn't realize that the day before they'd changed the terminal that Air Tran flew out of. It took a few more minutes to get to that terminal, a bit longer than usual to go through security, and as I was gathering my belongings after the security scan, I received a phone call from my parents' doctor's office. It was hard to hear with all the background noise, so I ducked into a quiet section right outside the bathroom to take the call which took another couple of minutes. Then I quickly walked to the gate which was at the end of the terminal.

When I arrived the gate was empty except for the ticket agent who informed me that they'd just closed the doors. She told me I'd have to wait for the next flight which was after 8 p.m. that evening! I frantically asked her to open the gate, explaining the situation with my parents and how important it was that I get there soon. She was resolute that she could not open the door once it had been shut. Although I know that this is airline policy, I still couldn't believe it. I felt certain that I was supposed to be on that flight and pleaded with her to open the door. Just then a pilot approached. I asked if he was the pilot for this flight and he was. I told him my plight and he said, "Come with me. We'll get you on this flight." I am so grateful for that pilot, the timing of his arrival, and for my guardian angels who were definitely working overtime!

What modern day miracles have you experienced?

What evidence do you have that the Universe is conspiring in your favor?

What door has been opened for you?

If you'd like to send me your miraculous stories, I'd love to share them in my next newsletter. The media bombards us with bad news, but big and small miracles abound and should be celebrated.

P.S. While my mom's sodium levels are now into the normal range, she will be needing surgery, likely this Thursday. Please join me in praying for a successful surgery and recovery. May the modern day miracles continue!

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## Upcoming Programs and Events

### Get Clients NOW!™ A Marketing Program for Service Professionals

Are you tired of wishing for more clients? If you are a consultant, broker, coach, realtor, designer, or other service professional wanting a system for generating a steady stream of clients and referrals, this marketing program is for you! With an overview of the Universal Marketing Cycle, we'll take the mystery out of marketing and help you determine where you get stuck in the process. You will learn the most effective marketing strategies for service businesses and will create a customized action plan. Follow-up group coaching will keep you motivated and in action. What you get in the program:

- Two 90-minute tele-seminars
- Five follow-up group coaching sessions with a small group of other professionals
- A tool-kit of proven sales and marketing techniques

#### Kickoff Seminar

Two Tuesdays, Nov 8 and 15, 2011 (Plan to attend both)

10:00-11:30 AM Pacific Standard Time (1:00-2:30 PM Eastern Standard Time, 6:00-7:30 PM Greenwich Mean Time)

#### Group Sessions

Four Tuesdays, Nov 22 and 29, Dec 6 and 13, 2011

(1:00-2 PM Eastern Standard Time, 6:00-7 PM Greenwich Mean Time)

AND

One Thursday, Dec. 15, 2011

10:00-11 AM Pacific Standard Time (1:00-2 PM Eastern Standard Time, 6:00-7 PM Greenwich Mean Time)

Depending on registration, group sessions may be extended to 60 minutes each, or an alternate group may be scheduled on the same dates at 12:00 PM Pacific (3:00 PM Eastern). To register please call Grace at (978)689-7446.

To register or for more details call Grace at (978)689-7446

Cost \$295

Required purchase: Get Clients Now! by C. J. Hayden

### Reiki III/Advanced Reiki Training -

Friday, November, 11 a.m.-5 p.m.

North Andover location

Fee- \$300 Includes training manual, certificate, and healthy snacks

In Reiki III/Advanced Reiki Training you will learn how to use and will be attuned to the Reiki Master symbol. You will learn how to create a crystal grid for continuous healing and in a guided meditation will meet your Reiki guide. You will deepen your knowledge of the chakras and will have plenty of opportunity for hands-on practice.

### Reiki Master Training -

Saturday October 22, 9 a.m.-5 p.m.

North Andover location

Fee- \$300 Includes training manual, certificate, and healthy snacks

Learn more by visiting [www.coachingwithreiki.com](http://www.coachingwithreiki.com). Please call Grace at (978)689-7446 or (888)833-1903 or e-mail info at [balancewithgrace.com](mailto:info@balancewithgrace.com) to reserve your spot in an upcoming program or request more information.

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